## Capacity building on Menstrual Hygiene Management under SBM 2.0



SHG participants along with MEETRA officials and trainers of Menstrual Hygiene Management



Menstrual Hygiene Managmenat training: Demonstration of Menstryal Cycle



Interactive sessons: Participants discuss the issues around menstruation without any hezitation.



Participants shared their experience about training with Director MEETRA



Bursting the Myths and Taboos with Balloon games



MHM training for Gram Panchayat Officers



Oath taking: Participants took oath to create awareness about naturality of Menstruation





Participants their Action plan during group work



Participants with Director, MEETRA



Certificates distributed at the end of the two days training program.